Resources for Seniors

Resource Locators

BenefitsCheckUp
Screens for federal, state, and local government programs.
www.benefitscheckup.org

Eldercare Locator
Helps find state and local programs and resources.
1-800-677-1116
www.eldercare.gov

211
Provides local government and community resources.
Dial 211 from your mobile phone.
www.211.org

General Resources

American Association of Retired Persons (AARP)
Provides referrals and information on a variety of topics of interest to seniors.
1-888-687-2277
www.aarp.org

Social Security Administration
1-800-772-1213
www.ssa.gov

U.S. Department of Veterans Affairs
www.va.gov
Food-Related Resources

Supplemental Nutrition Assistance Program (SNAP)
Also known as food stamps.
1-800-221-5689
www.fns.usda.gov/snap

Feeding America
Provides food relief. There are no qualifications or income restrictions.
1-800-771-2303
www.feedingamerica.org

Medical-Related Resources

Alzheimer’s Foundation of America
1-866-AFA-8484
www.alzfdn.org

Medicare
1-800-MEDICARE
(1-800-633-4227)
www.medicare.gov

National Institute of Mental Health
1-866-615-6464
www.nimh.nih.gov

Needy Meds
Assists in finding programs for prescriptions and other health care costs.
1-800-503-6897
www.needymeds.org

Patient Access Network
Provides co-payment assistance to help underinsured patients get access to medical care.
1-866-316-7263
www.panfoundation.org

TRICARE
Assistance for retired military personnel and their spouses.
1-800-538-9552
www.tricare.mil

Organizations included in this brochure are provided as a resource only. They may not be appropriate for everyone. Please call us if you need further assistance or additional resources.