



Resources for Seniors

Resource Locators

BenefitsCheckUp

Screens for federal, state, and local government programs.

1-202-479-1200

www.benefitscheckup.org

Eldercare Locator

Helps find state and local programs and resources.

1-800-677-1116

www.eldercare.gov

211

Provides local government and community resources.

Dial 211 from your mobile phone.

www.211.org

General Resources

American Association of Retired Persons (AARP)

Provides referrals and information on a variety of topics of interest to seniors.

1-888-687-2277

www.aarp.org

Social Security Administration

1-800-772-1213

www.ssa.gov

U.S. Department of Veterans Affairs

1-800-827-1000

www.va.gov

Food-Related Resources

Supplemental Nutrition Assistance Program (SNAP)

Also known as food stamps.

1-800-221-5689

www.fns.usda.gov/snap

Feeding America

Provides food relief. There are no qualifications or income restrictions.

1-800-771-2303

www.feedingamerica.org

Medical-Related Resources

Alzheimer's Foundation of America

1-866-AFA-8484

www.alzfdn.org

Medicare

1-800-MEDICARE

(1-800-633-4227)

www.medicare.gov

National Institute of Mental Health

1-800-647-2642

www.nimh.nih.gov

Needy Meds

Assists in finding programs for prescriptions and other health care costs.

1-215-625-9609

www.needymeds.org

Patient Access Network

Provides co-payment assistance to help underinsured patients get access to medical care.

1-866-316-7263

www.panfoundation.org

TRICARE

Assistance for retired military personnel and their spouses.

1-800-538-9552

www.tricare.mil

Organizations included in this brochure are provided as a resource only. They may not be appropriate for everyone. Please call us if you need further assistance or additional resources.



An Educational Message from



200 US Highway 9

Manalapan, New Jersey 07726

1-800-99-BILLS

www.navicoresolutions.org

